



PROVIDER	ACTIVITY	WHERE	DETAILS	AGES	DATE	TIME	COST	WEBSITE	PHONE	EMAIL
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HITCHIN PARTNERSHIP CIO		Family Support Service for Hitchin Schools and the surrounding villages. We work alongside families giving practical support and user friendly parenting strategies. Referrals are made through schools with family consent.						www.hitchinpartnership.org	07817 715 023	Drobins@ickleford.herts.sch.uk
Please see below the activity providers who run clubs in our area. For the most up to date information and Covid-19 policies please refer to provider websites. Further assistance and signposting information please see last page.										
Hertfordshire's Holiday Activity Programme HAPpy	Mad Science STEM Camps	Hitchin Boys School	Full of hands-on, science exploration. Focusing on different topics each week. Can book your child 1 to 4 days of camp each week.	5 to 11	see website	9:30am to 4pm	 FREE (benefit related free school meals) Get your code from your school	HAPpy Activity Camps - Herts Sports Partnership (sportinherts.org.uk)		HAPpy Activity Camps - Herts Sports Partnership (sportinherts.org.uk)
	Premier Education - Multi Sports	Oughton School	Get kids active, introduction to new and exciting activities, sports, wellbeing, performing arts, games.		see website					
	North Herts Easter 2023 Programme HCC Services for Young People	The Priory School	Activities focus on healthy lifestyles, take part in sports, dance, physical games, team challenges, meet and socialise with other young people Free healthy lunch each day	13 to 16	see website					
DW SOCCER CAMPS	Soccer Camp	Our Lady School, Old Hale Way, SG5 1XT	Mini tournament, original dodgeball, penalty shoot outs, football fun & games	Boys & Girls 5 to 13 Years	3 to 6 Apr & 11 to 13 Apr	9:30am to 3:15pm (early/late pick up/drop-off avail)	£22 per day, discounts for multiple days booked	www.dwsoccerschool.co.uk	07787 125227	enquiries@dwsoccerschool.co.uk
uPlay MULTI-SPORTS	Multi Sports Easter Camp	Hitchin Girls School, Sports Hall, Highbury Rd SG4 9RS	An action-packed day of fun and exciting sports activities. Try out dodgeball, rounders, volleyball, badminton, tennis, hockey and loads more! Our coaches create a fun, safe and positive environment that focuses on promoting participation with the opportunity to try out new skills and develop their tactics with age-adapted activities.	5 to 13	3 to 6 Apr & 11 to 14 Apr	9am to 4pm (early/late avail)	£104 Full week, £26 Single Day, Early/Late Pick up £5 each	www.uplaysports.co.uk	See website for booking and more details	All links to bookings are: https://uplay-sports.class4kids.co.uk/camps
	Hitchin HAF Easter Camps		An action-packed day of fun and exciting sports activities for children aged 5-13. Try out dodgeball, rounders, volleyball, badminton, hockey, ultimate frisbee and loads more!	5 to 11	3 to 6 April & 11 to 14 April	9am to 4pm	FREE to children aged 5-14 eligible for benefits relate free school meals. Get your unique code from your child's school			HAPpy Activity Camps - Herts Sports Partnership (sportinherts.org.uk)
uPlay TENNIS	Hitchin HAF Easter Camps		The camp delivers tennis in a fun environment with a mixture of tournaments, tennis based games, technical sessions and challenges. It is ideal for any level of player.	5 to 8 & 9 to 11	3 to 6 April & 11 to 14 April	9am to 1pm	FREE to children aged 5-14 eligible for benefits relate free school meals. Get your unique code from your child's school			HAPpy Activity Camps - Herts Sports Partnership (sportinherts.org.uk)
	TENNIS CAMP		The camp delivers tennis in a fun environment with a mixture of tournaments, tennis based games, technical sessions and challenges. It is ideal for any level of player.	5 to 8 & 9 to 11	3 to 6 Apr & 11 to 14 Apr	9am to 12pm (early drop off avail)	£45 Full Week, £17 Single Day, £5 Early Drop Off, £5 Late Pick Up	www.uplaysports.co.uk	See website for booking and more details	All links to bookings are: https://uplay-sports.class4kids.co.uk/camps
HITCHIN TOWN FC	Football Fun	The Arena, Norton Road, Baldock SG 7 5AU	Fun football course with fully FA qualified & DBS checked Hitchin Town 1 st team players & coaches. Book your place online. HTFC prizes to be won.	5 to 14 boys and girls	see website	9:30am to 3:30pm	£25 per day, book both save £5	www.northhertsarena.co.uk Book online at https://www.northhertsarena.co.uk/book-online	01462 720088	info@htfc.co.uk
LETCWORTH SPORTS & TENNIS CLUB	Multi-Sports Spring Camp	Muddy Lane, Letchworth Garden City, SG6 3TB	Multi-Sports Spring Camp 2023 - Tennis, Football, Dodgeball, Basketball, Hockey, Athletics, Fun Games and Much More. Ofsted Registered	5 to 12	see website	9am to 4pm/9am to 12pm/1pm to 4pm - early drop off avail	Full Day £35, Half Day £16	www.drhsports.co.uk	07901 903520	campgo@drhsports.co.uk
RISING STARS MULTI-SPORTS	GYMNASTICS & TRAMPOLINING	Samuel Lucas JMI, Hitchin	Gymnastics & Trampolining (please provide a packed lunch)	4 to 11 (4yr olds can attend until 2pm)	11 & 14 Apr	10 to 2pm / 10am to 3pm	10am to 2pm £20 / 10am to 3pm £22.50	www.risingstars-online.co.uk	01462 790152	multi-sports@risingstars-online.co.uk
		Pixmore Jnr School, Rusby Mead, Letchworth, SG6 1RS			12-Apr					
RISING STARS WRAPAROUND CARE (Sister Company to RISING STARS MULTI-SPORTS LTD)	Holiday Club Easter 2023	Rising Stars Wrap-Around Ltd Mary Exton Primary School, Hitchin	Activities including Indoor and Outdoor games! Crafts! Inflatables! A variety of Sports! Chill and Care!	4 years old to 11 years old	3 to 6 Apr & 11 to 14 Apr	Full Day 8am to 5pm or half day 8am to 12pm, 10am to 3pm, 12pm to 5pm	Full day £27.50 / £22.50 8-1/10-3/10-3/12-5 (please provide a packed lunch) includes breakfast & light tea	https://risingstars-wraparound.co.uk/	01462 790 152	risingstars.magicbooking.co.uk
KIDS COMPANY	Easter Holiday Camp	Kimpton Primary School High Street Kimpton SG4 8RB	Various activities; outdoor arts & crafts, Outdoor Games, Yoga, Cookery, Table Tennis, Street Dance, Multisport		3 to 6 April & 11 to 13 April, 17 April	See details	9am to 4pm £28, 8am to 6pm £35 3hr sessions £18	https://kids-company.co.uk	07749 122883	lisa@kids-company.co.uk

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SMALL STARS	Easter Holiday Camp	Norton St Nicholas, Letchworth	Encouraging and inspiring through PE, Sport and the Arts. Usual 2 groups Alternative and Sport. Discounts 20% early bird or sibling 12.5%	5 to 12	3 to 6 Apr	9am to 3:15	£25 per day	Facebook Small Stars https://forms.office.com/r/4S12AF9FME	07943 549640	admin@smallstarsgroup.com
ENERGY KIDZ	See website for details	Highover JMI School & Nursery, Cambridge Road, Hitchin	Opportunity to try a range of activities including arts, crafts, science and action games.	4 to 11	see website	8:30 to 5pm	Check website for details of clubs that may be available	www.energy-kidz.co.uk	0333 577 1533	info@energy-kidz.co.uk
POPDANCE KIDS	Easter Camp - plus an egg-citing Easter Egg Hunt!	Samuel Lucas JMI, Hitchin	Want to learn lots of fun dance routines to pop music? Want to dance like Taylor Swift, Bruno Mars, Little Mix or Justin Timberlake?	4 to 10	12 & 13 Apr	10am to 3pm	£22	www.popdance.co.uk/hitchin		Ciara@popdanceworld.com
ICKLEDRAMA	Dream On	Ickleford Village Hall	Become an actor and put on a musical	5 to 13	24 to 28 Jul	10am to 3:30pm	£100 per student	www.ickledrama.co.uk	07961 426268	ickledrama@hotmail.co.uk
	Treasure Island				14 to 18 Aug					
HITCHIN FUN CLUB	See website for booking and details	Highbury School, Standhill Road SG4 9AG	Lots of Activities - see events on website. If children have never been to Hitchin Fun club you will need to pay a membership fee of £10/year	4 to 12	see website	8:30am to 5:30pm	£36 includes snack. See details & website for more info. Annual reg fee. £10/family	www.hitchinfunclub.co.uk	01462 450925 or 07783 027534	hfcholidayclub@gmail.com
FAMILIES WELCOME - Wymondley Baptist Church	Drop In	Wymondley Baptist Church	People can drop in for free hot corss buns and refreshments - families are very welcome to drop in.	All	08-Apr	10am to 12pm	FREE			
DADS (& Grandads & Dad Figures) PLAYGROUP	Who Let the Dads Out? Playgroup	St Paul's Church Hall, Pixmore Way, Letchworth SG6 1OT	A Place for Dads, Grandads and Dad figures to spend time and have fun with their children up to 6 years old. Bacon Rolls, Coffee for Dads, Toys, Activities & Crafts for children	up to 6	see Facebook	10am to 11:30am	FREE	Facebook @wholetthedadsoutletchworth		
PLAYALoud PIRTON (Ofsted EY424905)	Holiday Club	Play Aloud Pirton, Pirton Village Hall, High Street Pirton SG5 3PS	Play Aloud offers children aged 2-12yrs a nurturing, safe, fun and creative environment. Giving parents excellent quality and reliable childcare before/after school/preschool and school holidays.	2 to 12	contact provider	8am to 5pm	Morning/Afternoon £17.50 (£19 incl snack). All Day £35 (£37.50 incl. snack) Full Day £43.50 (£47 inc snack) see flyer for full details		07985 517911	pirton@playaloud.co.uk
HEALTHY HUB NORTH HERTS	Various Activities - FREE	NHMEF Skills Development						What's On - in North Hertfordshire - healthy-hub-north-herts (healthyhubnorthherts.co.uk)		
NORTH HERTS MINORITY ETHNIC FORUM	Various Activities - FREE		Contact for more details					www.nhmef.org.uk	01462 440224	cdo.nhmef@outlook.com
BRITISH SCHOOLS MUSEUM	Easter 2023 Craft Events	41-42 Queen Street, Hitchin SG4 9TS	Easter themed & other crafts for school-age children in Historic Monitorial Schoolroom, Live like a Victorian Child sessions, Gardening Club & Easter Crafts for pre-schoolers in Stay and Play case. Join a giant joint art work for The Wild Escape		4, 5, 6 April & 11, 12, 13 April - see website for full details	10am to 12pm	£7 per child taking part	British Schools Museum Event tickets Yapsody	01462 420144	admin@britishschools museum.org.uk

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SEND / Additional Needs										
HERTFORDSHIRE FAMILY CENTRE SERVICE	SEND DROP IN	Chestnut Tree Family Centre, c/o Garden City Academy, Radburn Way, Letchworth SG6 2JZ	1st Thursday in every month 10am to 11:30am. Children are welcome to attend with you or you can attend on your own. No diagnosis needed.		1st Thursday of every month	10am to 11:30am	FREE	https://www.eventbrite.co.uk/o/herts-family-centre-service-north-herts-district-17943475208	0300 123 7572	hertsfamilycentres.org
ANGELS SUPPORT GROUP	Groups and sessions are running online, face to face, day time and evenings - see website for full programme.							www.angelsupportgroup.org.uk		info@angelsupportgroup.org.uk
SPACE - Lending Space	Lending SPACE is an equipment lending library for families living in Herts with children and young people with autism, ADHD or other additional needs. It offers an extensive range of specialist sensory, practical and educational equipment and resources for families to borrow. It's an ideal way to try expensive equipment to see if it works for the needs of your child. Funded by HCC.							Lendingspace@spaceherts.org.uk or see Lending SPACE Facebook page .		
SPRINGBOARD	One year full time course for young people aged between 16-24 with Asperger's Syndrome, high functioning Autism or anxiety who may experience social, emotional and mental health difficulties. Aim to equip young people with confidence, independence and social skills needed to reach their full potential and move successfully into mainstream college or employment (ages 16 to 24)								01923 630 408 (Lynda Howell)	lhowell@nhc.ac.uk
IMAGINATION DANCE CIC	SEND Dance & Activity Workshop	Pixmore Junior School, Letchworth	Dance & Activity Workshops for ages 7 to 13. Participants must be able to participate independently without parent/carer present.	7 to 13	4 & 5 April	10am to 12:30pm	£5 per day - FREE spaces for children in receipt of free school meals	Imagination Dance (imaginationarts.co.uk)	07394 934 911	info.imaginationarts@yahoo.com
	Easter Bunnies Workshop	Stratton Upper School, Eagle Farm Road, Biggleswade SG18 8JB	For children age 3+ with suspected or diagnosed additional needs. Aimed at those who need support from a parent/carer to participate.	3+	03-Apr	10am to 10:45am	FREE			
		Fairfield Community Hall, Kipling Crescent, Fairfield Park SG5 4GY		3+	06-Apr	10am to 10:45am	FREE			
	Easter Dance & Activity Workshops	Stratton Upper School, Eagle Farm Road, Biggleswade SG18 8JB	Suitable for those with a development age of 7+ who can follow instruction and participate independently without a parent/carer present.	7+	03-Apr	11:30am to 1:30pm	FREE			
		Fairfield Community Hall, Kipling Crescent, Fairfield Park SG5 4GY		7+	06-Apr	11:30am to 1:30pm	FREE			
	Disney Dance & Activity Workshop	Fairfield Community Hall, Kipling Crescent, Fairfield Park SG5 4GY	Suitable for those with a development age of 7+ who can follow instruction and participate independently without a parent/carer present.	7+	13-Apr	11:30am to 1:30pm	FREE			
		Stratton Upper School, Eagle Farm Road, Biggleswade SG18 8JB		7+	14-Apr	11:30am to 1:30pm	FREE			
	Disney Sensory Movement Workshops	Fairfield Community Hall, Kipling Crescent, Fairfield Park SG5 4GY	For children age 3+ with suspected or diagnosed additional needs. Aimed at those who need support from a parent/carer to participate.	3+	13-Apr	10am to 10:45am	FREE			
		Stratton Upper School, Eagle Farm Road, Biggleswade SG18 8JB		3+	14-Apr	10am to 10:45am	FREE			
PHOENIX GROUP FOR DEAF CHILDREN	Families	Stanborough Park	Easter Egg Hunt	Families	04-Apr	See website for details		@PheonixDeaf	07748 690989	info@phoenixgroup.org.uk
	Flyers 8+	Stanborough Park	High Ropes & Rounders	Flyers 8+	04-Apr					
	Phoenix Plus	London Trip	London Trip	Phoenix Plus	05-Apr					
	Youth 11+	Go Ape Trent Park	Go Ape Trent Park	Youth 11+						
	Flyers 8+		Drama Workshop	Flyers 8+	12-Apr					
	Families	Mead Open Farm	Mead Open Farm	Families	13-Apr					
	Family BSL		Family BSL for beginners		14-Apr					
	Phoenix Plus	Stanborough Lake	Stanborough Lake	Phoenix Plus	14-Apr					
Hertfordshire Additional Needs HAND	Free to join for parents or carers of a child or young person with an additional need or disability			0 to 25			FREE	https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/hertfordshire-additional-needs-database.aspx	01992 556984	
UP ON DOWNS	See website or contact directly for further details.	A range of activities for all age groups; face to face online, craft packs delivered to homes. Monthly Family and friends meetings in Hitchin for parents and children, siblings and supporters.			Every second Saturday in the month			www.upondowns.co.uk	01727 420365	enquiries.nhdowns@yahoo.co.uk
NORTH HERTS FOOTBALL FACILITY	JUNIOR ABILITY COUNTS	Hitchin Town Community FC, The Arena, Norton Road, Baldock SG7 5AU	Open to any children 7-16 years old with a disability or special education need who is able to walk	7 to 16	Junior Ability Counts - JAB2023B northhertsarena			www.northhertsarena.co.uk	01462 720088	info@htcfc.co.uk

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LETCWORTH GARDEN CITY EAGLES	INCLUSIVE FOOTBALL	Hertfordshire County Ground, Letchworth SG6 2EN	Letchworth Garden City Eagles have teamed up with partners Herts Sports Partnership and Hertfordshire Football Association to deliver weekly sessions for players with any disabilities. The disability sessions will initially run for 12 weeks and are aimed at all differing impairments. The sessions will provide a safe fun learning environment for all players taking part. Run by a qualified coach, all sessions will take place on the Hertfordshire FA state of the art 3G pitch and offer the opportunity to participate in exciting and engaging practices. As well as developing skills within football, the program will also help improve social skills and confidence. The aim of the coaching program is to create an enjoyable and safe environment for everybody to enjoy sport. During the program, we will look to develop sporting skills, as well as social skills and confidence. 7 to 15 Years. Wednesdays 4pm to 5pm FREE					Junior Ability Counts – Inclusive Football – Every Wednesday 4.00pm to 5.00pm – Letchworth Eagles YFC	07788 391 609	jason.valentine@letchworth.com
Mixed Ability Rugby – Hertford RFC	RUGBY	Hertford RFC	Hertford RFC – A team open to anyone who want to play regular full contact rugby for rugby's sake. If you happen to have some form of disability or barrier but want to play regular rugby, then you are more than welcome. Same goes if you have no disability or barrier.		08-Mar-23	5:30pm	FREE			For more information contact projectrugby@saracens.net or call Matt Thompson 07974 785072
HERTS DISABILITY SPORT FOUNDATION	Find an activity through the website							Find an Activity - Herts Disability (hdsf.co.uk)		
IMAGINATION DANCE	SEND Dance & Activity Workshops	Westmill Community Centre, Hitchin	SEND Dance & Activity Workshops - Participants must be able to participate independently without parent/carer. FREE spaces for children in receipt of free school meals	7 to 11 and 12 to 16		10am to 12:30pm (7-11) / 1:30pm to 4pm (12-16)	£5 per day or FREE for children in receipt of free school meals	info.imaginationarts@yahoo.com	07394 934 911	info.imaginationarts@yahoo.com
		Pixmore Junior School		7 to 11 and 12 to 16		10am to 12:30pm (7-11) / 1:30pm to 4pm (12-16)	£5 per day or FREE for children in receipt of free school meals			
	TERMLY STEVENAGE THEATRE GROUP	Gordon Craig Threatre, Stevenage	Term Time groups are fully inclusive and we welcome everyone, particularly those with a special need or disability. Come and learn skills in drama, make friends, boost confidence and improve well-being in a friendly and relaxed space. These groups run each term (10-12 wks) with a break for half term. We also offer the chance for new participants to attend two sessions for a free taster.	5 to 12		4:45pm to 6pm	£67 per term			
				12 to 18		6:15 to 7:45pm	£72 per term			
360 play stevenage - SEN Sessions	SEN Evenings	Unit 6, Six Hills Way, Stevenage Leisure Park, SG1 2UA	A safe, inclusive and secure environment with friendly experienced staff. Booking essential		First Friday of each month - check website for current information	6:30pm to 8:30pm	£6 per child, free for adults	https://online1.venpos.net/ConsumerSite/ShowPage?LID=404&PID=9beaa121-b013-417d-9dbf-8ad9d5537c6f&LANG=en#PRP	01438 365744	stevenage@360play.co.uk
Gravity Tramp SEN Sessions	Gravity Sensory Sessions	Unit 1, Six Hills Way, Stevenage	Lights up, sounds down, 60 minutes for whole park. Open exclusively for members of recognised disabled groups		Various session see website for details (01/07 at 4:30pm, 06/07 at 1pm plus many more)		£5 see website for carer discount	https://gravitystevenage.centeredgeonline.com/class/classdetails/f5f8b19a-b606-4205-bdd1-157d0b69d0e	0330 1595815	enquiries.stevenage@gravity-uk.com
FLYERZ HOCKEY	St Albans Flyerz is a disability hockey project which makes hockey available to ALL via inclusive sessions, supported by St Albans Hockey Club	St Albans Hockey Club, East Drive, Oaklands College, Hatfield Road, St Albans, AL4 0JA	Sessions are Free of charge, FUN, relaxed, supportive, open to all abilities from age 5 upwards, Run on Sunday mornings during the club jnr training sessions	5 and up	Contact provider for further information		FREE	www.stalbanshc.co.uk		flyerzsahc@gmail.com

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SIGNPOSTING TO ADDITIONAL SERVICES AND SUPPORT

			New tab (hitchinfoodprovision.co.uk)						FOODBANK: Emergency Food for people in crisis. Hitchin Partnership is an authorised distributor of Foodbank vouchers - please contact your school for details. Tuesdays and Fridays 10am to 12pm. https://lethworth.foodbank.org.uk/	
			Hitchin Pantry is based in Hitchin and for a small weekly fee local residents can join up as members and access a whole range of benefits. For details and a membership form www.yourlocalpantry.co.uk or call 07840 205 794						We are HertsHelp - a network of community organisations in Hertfordshire working together. We're here to listen and help you find independent support, guidance and information you need to get the most out of life.	
Help with Cost of Living			Help to manage the cost of living Hertfordshire County Council						Food Rescue Hub - Food Rescue Hub	
Warm Spaces			Warm Herts - Warm Spaces Hertfordshire County Council							
			HERTS FAMILY CENTRES Oughton Primary & Nursery School, Mattocke Road, Hitchin SG5 2NZ Whats On:						The Families First portal is a directory of organisations, services and groups in Hertfordshire that can help you with problems you or your family may be facing, before things might get worse. This is known as 'Early Help'. You may not want or need to ask for help from a professional and there's lots of support you can find yourself by looking on the portal.	
			SEND 0-25 Hertfordshire The Local Offer lets parents and young people know what special educational needs and disabilities services are available in Hertfordshire, and who can access them.						There are nine DSPL Area Groups across the county that meet regularly to discuss what services are available and to influence how services are shaped and developed to ensure the children and young people with SEND in their area receive the right support in their educational activities.	
			SERVICES FOR YOUNG PEOPLE Projects & Programmes for young people in North Herts. Various Groups - see website for full details					Parental Relationships	Disagreements are normal, but if they are getting in the way of family life support is at hand.	www.hertfordshire.gov.uk/parentalrelationships
			Resources for Parents. Phase - working alongside young people to promote their wellbeing and resilience.					Home - Hope UK	Hope UK is a drug education charity - helping young people to make drug*-free choices. *'drug' includes legal substances like alcohol and cigarettes.	

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Cost of Living Support

With the cost of living on the rise, we have put together some key links for local people which offer advice and practical help to manage finances and make savings.

Help to manage the cost of living. Your North Herts County Council webpage gives some very useful links to North Herts Money Advice Centres, which can help you with your money. Contact for support, debt support, budgeting and more.

North Herts District Council have put together a list of financial inclusion and debt management advice organisations and charities that provide financial support to families.

Citizens Advice North Herts offers a wealth of information and advice to people - from applying for Universal Credit to the first time, to budgeting and managing your money. You can also check what you're entitled to by using the online calculator.

Foodbanks in North Herts If you are facing a crisis situation and you need food and toiletries but can't afford to buy them, you can find out how to make contact with your local foodbank.

Check if you're eligible for free school meals. If you're eligible for free school meals due to low income, you can also get vouchers from your school for the Summer holidays. Other help may be available via the Department for Education.

Get help to buy food and milk (Healthy Start). You could be missing out on free food, vegetables, or milk worth at least £2.50 a week and free vitamins. If you are more than 10 weeks pregnant or have a child under four years old, and are in receipt of benefits, you could be entitled to a Healthy Start prepaid card worth £4.25 per child per week to spend on healthy food and milk.

Other key support links
The **Families First Portal**, includes links to a directory of local services supporting all North Herts families.
The **SEND Local Offer** lets parents and young people know what special educational needs and disabilities services are available in North Herts, and who can access them.

If you need further help, regardless of whether you qualify for benefits, call Herts Help on 0300 123 4044, email info@hertshelp.net or visit www.hertshelp.net



Warm Welcome Space opens at Zoo Centre on Wednesdays 5:30-7:30pm From 7th December

We'll love to welcome families and individuals to hangout in the Zoo Centre Warm Welcome space (Bedford Road, Hitchin, SG5 1NP), running on Wednesdays in the Winter months from 5:30pm - 7:30pm - starting Wed 7th December.

You can expect:

- a warm space to hang out,
- charge your phone,
- do some work (or homework),
- relax and drink,
- enjoy hot/cold drinks,
- two-course cooked meal
- space and toys for kids to play
- FREE Wi-Fi access
- And a listening ear - if you need one.

You can be there the whole time or just drop in whenever you need to - although food will stop serving at 7pm.

Children under 13 must be accompanied by a parent/guardian.

You can just turn up, but it would be helpful if you're able to let us know you're coming (with how many people) so we make sure there's enough food!

Email us at hello@hertshelp.net or text us on 07999 126565.

Use that email and mobile to have any questions too - and need help.

We can look to provide transport if you'd like to come but can't get to them on. Contact us for details.

Lister Empathy Project

Lister Hospital, Stevenage SG1 4AB
Tuesday 6.00pm - 8.30pm
Friday 6.00pm - 9.00pm

We are actively seeking young people aged 16-18 to volunteer to support young people aged 13-17 with emotional or well-being issues on Tuesday or Friday evenings at Lister Hospital A&E

Access Point Project

Information, advice, guidance and sexual health services including free condoms, chlamydia screening and pregnancy testing

Letchworth Young People's Centre
Town Hall, SG6 3BF
Monday, Wednesday and Friday 2.00pm - 5.00pm
For all young people

0300 123 7838
myyouth@hertshelp.net
01455 555555 (text only)
www.serviceforyoungpeople.org

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North Herts Projects for Young People

Autumn 2022

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North Herts Football Facility

HITCHIN TOWN FC

EASTER FOOTBALL FUN

14-15 YEAR OLD BOYS & GIRLS

UK1: 4TH-6TH APRIL 2023
UK2: 11TH-13TH APRIL 2023
9.30AM-3.30PM
£55 PER WEEK

Book online

Gymnastics and Trampoline Days

Rising Stars Ltd

Easter Holidays 2023

Dates and School Vacancies

Monday 4th
Tuesday 5th
Wednesday 6th
Thursday 7th
Friday 8th
Saturday 9th
Sunday 10th

Samuel Lucas JMC, Hitchin
Premiere Juniors, Letchworth
Premiere Juniors, Letchworth
Premiere Juniors, Letchworth
Premiere Juniors, Letchworth
Premiere Juniors, Letchworth
Premiere Juniors, Letchworth

Book on our website: risingstars-online.co.uk

Easter Bunny Workshop

For children aged 3+ with suspected or diagnosed additional needs. Aimed at those who need support from a parent/carer to participate.

Monday 3rd April 10 - 10.45am
Stratton Upper School
Kipping Crescent, Stratton, SG5 4GY

Thursday 6th April 10 - 10.45am
Fairfield Community Hall
Kipping Crescent, Stratton, SG5 4GY

FREE to attend!

BOOK YOUR SPACE:
info.imaginationarts@yahoo.com 07394 934911

(3) Geek Retreat Stevenage | Stevenage | Facebook

A campaigning co-designed with young people to tackle the stigma of youth loneliness and improve mental wellbeing.

Lonely Not Alone | Co-op Foundation (coopfoundation.org.uk)

HITCHIN EASTER CAMPS

MINI TOURNAMENT

FOOTBALL

10th to 12th April

10.00am - 12.00pm

£2.50 per day

10th to 12th April

10.00am - 12.00pm

£2.50 per day

SMALL STARS EASTER HOLIDAY CAMP

at Norton St. Nicholas Primary School

3rd to 6th April 2023

10.00am - 3.30pm

£25 per day

CONTACT SMALL STARS:
M: 07999 126565
E: info@hertshelp.net
W: www.hertshelp.net

Easter Camp

10th and 11th April - 10am - 3pm

£25 per day

CONTACT CO-OP FOUNDATION:
M: 07999 126565
E: info@hertshelp.net
W: www.hertshelp.net

ICKLE PRAMA HOLIDAY COURSES 2023

"The Gospel Show"
Mon 3rd to Thurs 6th April
10am to 3.30pm each day at Stratton Upper School
£100 per student (5 to 13yrs)

"Dream On"
Mon 24th to Fri 28th July
10am to 3.30pm each day at Stratton Upper School
£100 per student (5 to 13yrs)

"Treasure Island"
Mon 14th to Fri 18th August
10am to 3.30pm each day at Stratton Upper School
£100 per student (5 to 13yrs)

BECOME AN ACTOR AND PUT ON A MUSICAL!
SALLI WALKER TO BOOK A PLACE 07999 126565
www.icklemusic.co.uk

Disney Sensory Movement Workshops

For children aged 5+ with suspected or diagnosed additional needs. Aimed at those who need support from a parent/carer to participate.

Thursday 13th April 10 - 10.45am
Fairfield Community Hall
Kipping Crescent, Stratton, SG5 4GY

Friday 14th April 10 - 10.45am
Stratton Upper School
Kipping Crescent, Stratton, SG5 4GY

FREE to attend!

BOOK YOUR SPACE:
info.imaginationarts@yahoo.com 07394 934911

Disney Dance & Activity Workshop

Suitable for those with a developmental age of 7+ who can follow instructions and participate independently without a parent/carer present.

Thursday 13th April 10.30am - 1.30pm
Fairfield Community Hall, Kipping Crescent, Stratton, SG5 4GY

Friday 14th April 10.30am - 1.30pm
Stratton Upper School, Eagle Farm Road, Biggleswade, SG18 8JH

FREE TO ATTEND!

Book your space:
info.imaginationarts@yahoo.com 07394 934911

Easter Bunnies Workshop

For children aged 3+ with suspected or diagnosed additional needs. Aimed at those who need support from a parent/carer to participate.

Monday 3rd April 10 - 10.45am
Stratton Upper School
Kipping Crescent, Stratton, SG5 4GY

Thursday 6th April 10 - 10.45am
Fairfield Community Hall
Kipping Crescent, Stratton, SG5 4GY

FREE to attend!

BOOK YOUR SPACE:
info.imaginationarts@yahoo.com 07394 934911

PROVIDER	ACTIVITY	WHERE	DETAILS	AGES	DATE	TIME	COST	WEBSITE	PHONE	EMAIL
Disclaimer: The information provided here is for general guidance only. Hitchin Partnership CIO aims to provide accurate and up to date information but cannot guarantee at any time that all the information is up to date, accurate or of good quality. We advise that you phone to book a place on many of these activities to avoid disappointment and to check that the details haven't changed. If your child has additional needs, it would also be advisable to discuss their support needs before accessing a club. The information and flyers provided on our website are signposted by the providers, it is not the responsibility of Hitchin Partnership to check Ofsted, DBS, Covid regulations, please ensure you check these details with the provider you are booking with.										



<p>Mad Science STEM Camps – Hitchin Boys School</p>	<p>Description Mad Science holiday camps are full of hands-on, science exploration. Each week we will focus on a different group of exciting topics covering Biology, Chemistry, Engineering & Technology with every week. Every day focuses around a different topic and children are challenged to solve problems, investigate and learn about the topic of the day. This happens through a combination of structured active games, interactive experiments and take home projects which the children will make, build and do to share with their families to keep the learning going. Our camps help children gain the confidence needed to investigate their world, build problem solving skills and encourage logical thinking. We reinforce resourcefulness, sustainability, Earth awareness and a love for science and exploration.</p> <p>Mad Science Camps are suitable for 5–11-year-olds with age/ability appropriate activities for different age groups.</p> <p>Times: 9:30-4:00 each day. Ages 5 to 11</p> <p>BOOKING OPTIONS: <u>You can book your child in for 1 to 4 days of camp each week. If you are unable to attend a date you have booked, please let us know so we can allocate it to another person on the wait list.</u> HAPPy Activity Camps - Herts Sports Partnership (sportinherts.org.uk)</p>	<p>HAPPy Activity Camps - Herts Sports Partnership (sportinherts.org.uk)</p>
	<p>Premier Education – Multisports – Oughton School</p> <p>Description Our Multi Activity Holiday Camps are designed to help your kids get active, introduce them to new and exciting activities, and create a fun-filled experience they will remember forever. A bucket load of fun activities, every school holiday. With great sports, wellbeing activities, performing arts, and games to enjoy this Easter holiday's in up to 20 different activities, we have plenty for your children to enjoy! Every HAPPy camp day will also include a Funded hot meal! Over 15,000 parents have reviewed their child's experience with Premier Education. We're proud they've rated us 4.8 out of 5 overall. They've given kind reviews about our coaches and our range of activities. Most of all, they've loved the joy our holiday camps brought to their children. Location: Oughton Primary School, SG5 2NZ. HAPPy Activity Camps - Herts Sports Partnership (sportinherts.org.uk)</p>	<p>North Herts Easter 2023 Programme</p> <p>HCC Services for Young People – Priory School ages 13 to 16</p> <p>Description The activities focus on healthy lifestyles. Young people will have the opportunity to:</p> <ul style="list-style-type: none"> • Take part in sports, dance, physical games and team challenges • Meet and socialise with other young people • Join our fun and informal healthy lifestyles workshops on: healthy food choices and cooking, emotional wellbeing and resilience, staying safe o healthy relationships keeping active, smoking, drug and alcohol awareness, stress and sleep awareness • Take part in activities such as: The Eat Well Plate - get the five food categories in the right quantities, Sugar Cube Quiz - researching food packaging and nutritional information to reveal hidden sugar content o Skipping Challenge - timed fitness challenge, Burning the Calories - comparing the impact of different types of physical activity What Emoji? - considering current emotions The Fizz Scale - considering stress levels and the impact they have STOPP - mindfulness activity • Get a free healthy lunch every day <p>HAPPy Activity Camps - Herts Sports Partnership (sportinherts.org.uk)</p>