


| PROVIDER | ACTIVITY | WHERE | DETAILS | AGES | DATE | TIME | COST | WEBSITE | PHONE | EMAIL | |
|---|--|--|--|----------------------------|---|---|---|---|--|--|--|
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| HITCHIN PARTNERSHIP CIO |  | Family Support Service for Hitchin Schools and the surrounding villages. We work alongside families giving practical support and user friendly parenting strategies. Referrals are made through schools with family consent. | | | | | | www.hitchinpartnership.org | 07817 715 023 | hpadmin@wilshere.herts.sch.uk | |
| Please see below the activity providers who run clubs in our area. For the most up to date information and Covid-19 policies please refer to provider websites. Further assistance and signposting information please see last page. | | | | | | | | | | | |
| HAPpy PROGRAMME | Various Activities - FREE to children in receipt of benefit related FSM HAPpy Activity Camps - Herts Sports Partnership (sportinherts.org.uk) | | | | | | | | | | |
| FREE HOLIDAY ACTIVITIES | Positive Pathways Summer 2022 | Coombes Community Centre, Burns Road, Royston SG8 5PT | Fun and interactive workshops, access to new opportunities, Music, Sport, Activities, | 12 to 15 | 25 to 29 July | 11am to 2pm | FREE BOOKING ESSENTIAL | www.hitchinpartnership.org | 01438 843340 / Text: 07860 065178 | sfyp.northherts@hertfordshire.gov.uk | |
| | | Knights Templar School, Park Street, Baldock SG7 6DZ | | 12 to 15 | 1 to 5 Aug | 4pm to 7pm | | | | | |
| | | Mrs Howard Memorial Hall, Norton Way South, Letchworth Garden City SG6 1NX | | 14 to 17 | 15 to 19 Aug | 4pm to 7pm | | | | | |
| uPlay MULTI-SPORTS | Multi Sports Half Term Camp | Hitchin Girls School, Sports Hall, Highbury Rd SG4 9RS | An action-packed day of fun and exciting sports activities. Try out dodgeball, rounders, volleyball, badminton, tennis, hockey and loads more! Our coaches create a fun, safe and positive environment that focuses on promoting participation with the opportunity to try out new skills and develop their tactics with age-adapted activities. | 5 to 13 | 25 Jul to 29 Aug, 1 to 5 Aug, 8 to 12 Aug, 15 to 19 Aug, 22 to 26 Aug | 9am to 4pm (8am to 5pm available) | £130 Full week, £26 Single Day, Early/Late Pick up £5 each | www.uplaysports.co.uk | See website for booking and more details | All links to bookings are: https://uplay-sports.class4kids.co.uk/camps | |
| | Multi Sports Programme - FREE to children aged 5-13 HAPpy Programme | | | | 26 - 29 Jul, 2-5 Aug, 9 - 12 Aug, 15 - 19 Aug | 9am to 4pm | HAPpy Programme - FREE for eligible children | HAPpy Activity Camps - Herts Sports Partnership (sportinherts.org.uk) | | | |
| uPlay TENNIS | Tennis Camp | Hitchin Girls School | Suitable for beginners to intermediate players, our Tennis camps provide a great day out for those that are completely new to Tennis and want to try it out or have been playing a while and looking to improve their game! Camps involve learning Tennis tactics, technique and fitness using fun, engaging drills and games all in a safe and enjoyable environment. | 5 to 14 | 25 to 29 Jul, 1 - 5 Aug, 8 - 12 Aug, 15 - 19 Aug, 22 - 26 Aug | 9am to 12pm | £75 Full week, £17 Single Day £5 Early Drop Off, £5 Late Pick Up 10% sibling discount | www.uplaysports.co.uk | See website for booking and more details | | |
| | Tennis - FREE to children aged 5-14 HAPpy Programme | | | 5 to 14 | 26-29 Jul, 2-5 Aug, 9-12 Aug, 15 - 19 Aug | 9am to 12pm | HAPpy Programme - FREE for eligible children | HAPpy Activity Camps - Herts Sports Partnership (sportinherts.org.uk) | | | |
| uPlay SPORTS NETBALL | Netball Camps | Hitchin Girls School | This is a camp of netball-related skills and fitness in line with the current England Netball. Led by an EN qualified netball coach, this will be a fun day. The coach will be engaging children in fitness based activities focusing on functional movement and providing age an ability specific quality coaching highlighting how to improve technique. | 9 to 14 (sch yrs 5-9) | | 12:30 to 4:30pm HGS, 10am to 3pm RMS | £35 (10% sibling discount) | uplaysports.co.uk / https://uplay-sports.class4kids.co.uk/camps | See website for booking and more details | | |
| DW SOCCER CAMPS | Summer Soccer Camp | Our Lady School, Old Hale Way, SG5 1XT | Mini tournaments, street football, penalty shoot outs, football fun and games | Boys & Girls 5 to 13 Years | 25 Jul to 1 Sept Mon - Thurs | 9am to 3:15pm (early/late pick up/drop-off avail) | £19 (£15 if booked before 11/07/22) | www.dwsoccerschool.co.uk | 07787 125 228 | enquiries@dwsoccerschool.co.uk | |
| HITCHIN TOWN FC | 5 Weeks of Summer Football Fun! | The Arena, Norton Road, Baldock SG 7 5AU | Fun football course with fully FA qualified & DBS checked Hitchin Town 1 st team players & coaches. Book your place online. | 5 to 14 boys and girls | 26-28 Jul, 2-4 Aug, 9-11 Aug, 16-18 Aug, 23-25 Aug | 9:30am to 3:30pm | £55 per week | www.northhertsarena.co.uk Book online at https://www.northhertsarena.co.uk/book-online | 01462 720088 | info@htcfc.co.uk | |
| Fit4OCR Obstacle Race Training Centre | Children's Active Hour see website for up to date details | Fit4OCR Obstacle Race Training Centre, Norton Road, Baldock, SG7 5AU | Fun, guided activities over the obstacles on site. COVID-Secure precautions and restrictions are in place to ensure the safety and wellbeing of everyone. | 4 to 17 year olds | | Various - online | See website for updates | www.fit4ocr.com https://book.fit4ocr.com | 07720 570 822 | info@fit4ocr.com | |

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| RISING STARS MULTI-SPORTS | GYMNASTICS & TRAMPOLINING | Pixmore Jnr School, Rusby Mead, Letchworth, SG6 1RS | Gymnastics & Trampoline (also avail in Stotfold, Stevenage and WGC) | 4 to 11 (4yr olds can attend until 2pm) | 26 Jul, 11 Aug, 23 Aug | 10 to 2pm / 10am to 3pm | 10am to 2pm £17.50 / 10am to 3pm £20 | www.risingstars-online.co.uk | 01462 790152 | multi-sports@risingstars-online.co.uk |
| | | 8 Aug, 22 Aug | | | | | | | | |
| RISING STARS WRAPAROUND CARE (Sister Company to RISING STARS MULTI-SPORTS LTD) | Term Time and Holiday Courses Ofsted registered Holiday Club, Childcare Vouchers accepted | Rising Stars Wrap-Around Ltd Mary Exton Primary School, Hitchin | Activities including Indoor and Outdoor games! Crafts! Inflatables! A variety of Sports! Chill and Care! | 4 years old to 11 years old | 25 to 26 August | Full Day 8am to 5pm or half day 8am to 12pm, 10am to 3pm, 12pm to 5pm | Full day £22.50 Half Day £17.50 (please provide a packed lunch) | https://risingstars-wraparound.co.uk/ | 01462 790 152 | risingstars.magicbooking.co.uk |
| HITCHIN BOYS' SCHOOL SPORTS CENTRE | GTD Sessions | Hitchin Boys School, Grammar School Walk, SG5 1JB | GTD Sessions are a great way to try multiple disciplines of gymnastics, includes Floor Gymnastics, Tumbling, Trampoline & Double Mini Tramp. Run by experienced coaches | 6 to 12 | 8, 9, 15, 16, 22, 23 Aug | 10a to 11am, 11am to 12pm | £15 per session. Childcare vouchers accepted. | https://app.loveadmin.com/Login/D5B250E4AE71A0E8C8256EC9389629E1.htm | | camps@hitchinboys.co.uk |
| | Summer Sports Camp | | An action-packed week lead by DBS checked, qualified sports coaches | | M-F, w/c 8 Aug, 15 Aug, 22 Aug | 9am to 4pm (8am to 5pm available) | £40 per day or £120 full week. 10% sibling discount. Childcare vouchers accepted | | | |
| | Activity camp | | Action packed days lead by DBS check, qualified pre school sports coaches | | 9, 10, 16, 17, 23, 24 Aug | 9:30am to 12:30pm | £25 per session. Childcare vouchers accepted. | | | |
| GM Hockey | Luke Hobson Memorial Pitch, Lucas Lane, SG5 2JA | Blueharts HC | Contact major.marsh@hotmail.com for details | 7 to 14 | 27 to 29 Jul, 24 to 26 Aug | 10am to 3pm | £40 per day or £100 per course. 10% discount siblings | Find us – Blueharts Hockey Club | | major.marsh@hotmail.com |
| PRIORY NETBALL CLUB | Youth Netball Camp | Marriotts School, Brittain Way, Stevenage SG2 8BL | Summer Netball Camp - Netty Stars. Fundamental Skills, Positional Roles, Match Play | 8 to 13 | 25 & 26 July | 10am to 3pm | £30 | NettyStars (priorynetballclub.co.uk) | | contact@priorynetballclub.co.uk |
| | NettyStars Netball Academy | The Priory School, Bedford Road, SG5 2UR | Come and develop your netball skills at the NettyStars Academy - learn new skills, play games and have loads of fun | Yr3 to Yr10 | Saturdays 9, 16, 23, 30 July 6, 13, 20, 27 Aug | 9am to 10:30am Yr 3, 10:45am to 12:15 Yr6 to Yr 10 | £25 | | | |
| | Junior Netball Camp | | Summer Netball Camp - Netty Stars. Fundamental Skills, Positional Roles, Match Play | Yr3 to Yr7 | 8, 9, 10 Aug | 10am to 3pm | £30 | | | |
| KIDS COMPANY | Kimpton Summer Camp | Kimpton Primary School High Street Kimpton SG4 8RB | See Flyer for full details: www.hitchinpartnership.org/index.php?option=com_content&view=article&id=7&Itemid=113 | | 20 July to 31 August | See details | Non-event days Extended 8am to 6pm, Short Day 8:45am to 3:15pm. | https://kids-company.co.uk | 07749 122883 | lisa@kids-company.co.uk |
| SMALL STARS | Summer Holiday Camp | Norton St Nicholas, Letchworth | Encouraging and inspiring through PE, Sport and the Arts | 5 to 12 | 26, 27, 28 July 2,3,4,9,10,11,16,17, 18 Aug | 9am to 3:15 | £25 | Facebook Small Stars | 07943 549640 | admin@smallstarsgroup.com |
| LETCHEWORTH SPORTS & TENNIS CLUB | Camp Go! Multi-Sports Summer Camp 2022 | Muddy Lane, Letchworth Garden City, SG6 3TB | Tennis Camp with added activities such as football, hockey, team games and much more! Join the fun! Kids are split into age groups where possible. | 5 to 12 | 25 Jul to 26 Aug | 9am to 12pm (early drop off avail, T&Cs apply) | Full day £32, Half Day £16 | https://www.drhsports.co.uk/camp-go-kids-camps/lethworth-sports-and-tennis-club-holiday-camps | 07901 903520 | campgo@drhsports.co.uk |
| ENERGY KIDZ | See website for details | Highover JMI School & Nursery, Cambridge Road, Hitchin | Opportunity to try a range of activities including arts, crafts, science and action games. | 4 to 11 | see website | | Check website for details of clubs that may be available | www.energy-kidz.co.uk | 0333 577 1533 | info@energy-kidz.co.uk |
| Hitchin Music Project | Summer Music Course | Wilshere Dacre School Fishponds Road, Hitchin SG5 1NS | The course is open to instrumentalists and singers of all abilities and all ages. Course members will play in a variety of ensembles and the music played during the week will be presented at the Friday evening concert for family and friends. | | 8 to 12 Aug | 9:30am to 4pm | £255 for the week, discounts for more than one from a family | Booking Essential | 07977 698892 | chris@pink-champagne.co.uk |
| POPDANCE KIDS | School Holiday Camp | Samuel Lucas School, Hitchin SG5 2JQ | Want to learn lots of fun dance routines to pop music? Want to dance like Little Mix, Taylor Swift, Bruno Mars and Harry Styles? Want to learn lots of fun dance routines to pop music? | 5 to 10 | 2, 3, 9, 10, 16, 17 Aug | 10am to 3pm | £22 per day or £120 for all 6 days | www.popdance.co.uk/hitchin | | Ciara@popdanceworld.com |

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| MARKET THEATRE | Summer Holidays 3 Day Workshop | 6a Sun Street, Hitchin | Games, drama exercises and improvisations with a short showing of the childrens work on the Thursday at 3:30pm. Booking essential | 5 to 14 | 25 to 29 July & 22 to 26 Aug | 10am to 34pm | £100 | www.markettheatre.co.uk | | kidsclub@markettheatre.co.uk |
| ICKLEDRAMA | Summer Courses 2022 Call to book your place | Ickleford Village Hall, Ickleford | 10 minute Shakespear and a musical theatre number with scene | 12 to 16 | 15 to 19 Aug, Performance 19 Aug | 1pm to 5:30pm, | £100 per student, tickets for performance £4 per person | www.ickledrama.co.uk | 07961 426268 | ickledrama@hotmail.co.uk |
| | | | Star Warts - the umpire Strikes Back | 5 to 11 | 15 to 19 Aug, Performance 19 Aug | 10am to 3:30pm | £100 per student, tickets for performance £4 per person | | | |
| | | | First Aid Session from Daisy First Aid - what to do in an emergency and how to call 999, to CPR and more | Yr 2 to Yr 7 | 03-Aug | 10am to 11am | £6 | | | |
| THE LIVING THEATRE | You, Me and the Magic Tree | Walden Bury Estate, Whitwell | A beautiful children's show for ages 5+ "an ordinary boy and extraordinary girl meet for adventure! A light-hearted story about discovery, friendship, and a little magic tree!" | 5+ | 28 - 29 July - 1pm, 30 July 10am | | £6 | www.thelivingtheatrewhitwell.org | | thelivingtheatrewhitwell@gmail.com |
| | Getting Creative - A Theatre Workshop for Ages 7-11 | | A creative, fun-filled theatre workshop delivered by members of The Living Theatre Company. This workshop is ideal for getting little ones moving, gaining confidence and having fun in a beautiful outdoor setting with experienced team of creatives. | 7 to 11 | 28-Jul | 10am | £8 | | | |
| | The Highway Inn | | A fun, spooky tale for all the family. "Dodgy innkeepers, Deborah and Herbert are desperate to get customers through the door but when a mysterious highwayman gives them some much needed business, they start to suspect he is hiding a grave secret" | | 28 to 30 July | 4:30pm to 5:30pm | Free - donations welcome | | | |
| HITCHIN FUN CLUB | See website for booking and details | Highbury School, Standhill Road SG4 9AG | Lots of Activities - see events on website. If children have never been to Hitchin Fun club you will need to pay a membership fee of £10/year | 4 to 12 | 25 Jul to 26 Aug | 7:45am to 6pm | £33 per day plus £1.20 for hot snack. See details & website for more info. Annual reg fee. £10/family | www.hitchinfunclub.co.uk | 01462 450925 or 07783 027534 | hfcholidayclub@gmail.com |
| YORKIES DAY CARE | Summer Holiday Club | York Road Nursery, York Road, Hitchin | 21/22 Jul I can cook, I can create. 25-29 Jul Every child is an artist. 1-5 Aug Making a mess is making memories. 8-12 Aug We love our plant. 15-19 Aug Mind, Body, Soul. Morning & Afternoon sessions Daily Bookings available. Breakfast, snacks provided, tea on all day session. A packed lunch must be provided for all sessions. Limited sessions still available. | 3 to 6 | 21 Jul to 19 Aug | AM Session 8am to 1pm, All day 8am to 6pm, Friday all day 8am to 4pm | 8am to 6pm £44 (M-T), 8am to 4pm (F), 1pm to 6pm (M-T) £25 | http://yorkiesdaycare.co.uk | 01462 632333 | finance.yorkiescare@hotmail.co.uk |
| DADS (& Grandads & Dad Figures) PLAYGROUP | Who Let the Dads Out? Playgroup | St Paul's Church Hall, Pixmore Way, Letchworth SG6 1OT | A Place for Dads, Grandads and Dad figures to spend time and have fun with their children up to 6 years old. Bacon Rolls, Coffee for Dads, Toys, Activities & Crafts for children | up to 6 | Sat, 11 June, Sat, 9 July | 10am to 11:30am | FREE | Facebook @wholethedadsoutletchworth | | |
| PLAYALLOUD PIRTON (Ofsted EY424905) | Summer Holiday Club | Play Aloud Pirton, Pirton Village Hall, High Street Pirton SG5 3PS | Play Aloud offers children aged 2-12yrs a nurturing, safe, fun and creative environment. Giving parents excellent quality and reliable childcare before/after school/preschool and school holidays. | 2 to 12 | 6 weeks from 25/7/22 | 8am to 5pm | Morning/Afternoon £17.50 (£19 incl snack), All Day £35 (£37.50 incl. snack) Full Day £43.50 (£47 inc snack) see flyer for full details | | 07985 517911 | pirton@playaloud.co.uk |
| PLAYALLOUD ST ANDREWS | Email for further details and to book your place. | Play Aloud St Andrews, St Andrews School, Benslow Lane, Hitchin SG4 9RD | 30 May Building your own rockets Make your own space magnet. 31 May Make your own solar system Design your own tshirt. 1 June Allen Cup crafts Make your own moon pictures | | See Facebook for further information | 8am to 5pm | | (14) Play Aloud St Andrews Facebook | | Standrews@playaloud.co.uk |
| HITCHIN COMMUNITY WELLBEING DAYS | FREE Family Wellbeing Activities including refreshments | Hitchin Town Hall, Brand Street, Hitchin SG5 1HX | 29 July - Healthy Fun with Food for under 5s | Under 5 | 29-Jul | 9:30am | FREE | https://www.healthyhighbnorthherts.co.uk/ | 01462 474 111 | healthyhumb@north-herts.gov.uk |
| | | | 29 July - Mind in Mid Herts Boosting self-esteem for adults | Adults | 29-Jul | 11am | FREE | | | |
| NORTH HERTS MINORITY ETHIC FORUM | Various Activities - FREE | NHMEF Skills Development | Maths GCSE Revision Club. IT for beginners. Job Club. GDPR Course - 2hr course with recognised Accredited Certificate. Excel for beginners. Ladies fitness Classes FREE for 5 week block. Water Aerobic for ladies FREE for 5 week block. | | | | | www.nhme.org.uk | 01462 440224 | cdo.nhme@outlook.com |

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| NORTH HERTS MUSEUM | BOTANICAL INVASION | North Hertfordshire Museum, Brand Street, Hitchin SG5 1JE | Botanical Invasion - an inflatable installation has taken over the gallery | | 9 Jul to 2 Oct, Tues to Sat 11am to 3pm Sundays | 10:30am to 4:30pm | FREE admission | North Hertfordshire Museum (r | 01462 474554 | northhertsmuseum@north-herts.gov.uk |
| BRITISH SCHOOLS MUSEUM | Holiday Crafts | 41-42 Queen Street, Hitchin SG4 9TS | A Great Day Out - each week a different craft. Themes: Are we nearly there yet? Transport and journeys, We're going to the Zoo, A Nigh Out and A Picnic in the Woods. | 5+ | From 26 July | Tues 10am & 1pm, Weds 10am, Thurs 10am | £7 per child age 5, parents and younger siblings go free with paying child. | British Schools Museum Event tickets Yapsody | 01462 420144 | admin@britishschoolsmuseum.org.uk |
| HERTS PERFORMING ARTS | Magical Summer Stage School | Ashwell Village Hall, SG7 5PJ | Attention All Witches and Wizards. Dance, Drama, Music and Craft all based on the magial world of Harry Potter. | 4 to 13 (split 4-8/9-13) | 1 to 5 Aug | 9:30am to 3pm | £198 | www.facebook.com/hertsperrmngarts | 07753 754452 | hertsperformingarts@yahoo.com |
| HITCHIN LIBRARY | GO GO GADGETEERS! Summer Reading Challenge 2022 | Hertfordshire Libraries | Once again Hertfordshire Libraries are challenging children of all ages to read any six library books over the summer holidays and return to the library to tell staff all about them. They can read anything they want, including story books, information books, picture books and even eBooks and eAudiobooks (available to down for free from Borrow Box) Children can read the books independently or together with family and friends. | | 9 July to 3 September | | FREE | Summer Reading Challenge BORROW BOX: https://www.hertfordshire.gov.uk/services/libraries-and-archives/books-and-reading/ebooks-and-audiobooks/ebooks-and-audiobooks.aspx | 0300 123 4049 | Contact-us Summer Reading Challenge |
| | Booster Cusion Children's Theatre | Hitchin Library | Little Red Riding Hood and Friends. | | 23-Jul | 2:30pm | £3.00 per person | see Hitchin Library Facebook page | | |
| SEND / Additional Needs | | | | | | | | | | |
| HERTFORDSHIRE FAMILY CENTRE SERVICE | SEND DROP In | Chestnut Tree Family Centre, c/o Garden City Academy, Radburn Way, Letchworth SG6 2JZ | 1st Thursday in every month 10am to 11:30am. Children are welcome to attend with you or you can attend on your own. No diagnosis needed. | | 1st Thursday of every month | 10am to 11:30am | FREE -book your place | https://www.eventbrite.co.uk/o/herts-family-centre-service-north-herts-district-17943475208 | 0300 123 7572 | hertsfamilycentres.org |
| ANGELS SUPPORT GROUP | Groups and sessions have been running online | | | | | | | www.angelssupportgroup.org.uk | | info@angelssupportgroup.org.uk |
| SPACE - Lending Space | Lending SPACE is an equipment lending library for families living in Herts with children and young people with autism, ADHD or other additional needs. It offers an extensive range of specialist sensory, practical and educational equipment and resources for families to borrow. it's an ideal way to try expensive equipment to see if works for the needs of your child. Funded by HCC. | | | | | | | Lendingspace@spaceherts.org.uk or see Lending SPACE Facebook page . | | |
| SPRINGBOARD | One year full time course for young people aged between 16-24 with Asperger's Syndrome, high functioning Autism or anxiety who may experience social, emotional and mental health difficulties. Aim to equip young people with confidence, independence and social skills needed to reach their full potential and move successfully into mainstream college or employment (ages 16 to 24) | | | | | | | | 01923 630 408 (Lynda Howell) | lhowell@nhc.ac.uk |
| PHOENIX GROUP FOR DEAF CHILDREN | Summer Holiday Fun | See website for full details. Various activities for all age groups. EARLY BIRDS & FAMILY ACTIVITIES: Games/Art - St Albans FREE 4 AUG. Forest School £5 10 AUG. Games & Art WGC FREE 18 Aug. LEGOLAND £10pp 19 Aug. Pots of Art St Albans 24 AUG. PARENTS & CARERS FIRST AID 25 AUG £20. | | 0 to 30 | Youth and Pheonix Plus - various activities being - See website for details | | | www.phoenixgroup.org.uk / @PheonixDeaf | 07748 690989 | info@phoenixgroup.org.uk |
| | Flyers & Youth (8-17s) | 5 Aug - Muddy Assault Course, Baldock £5. 10 Aug Horse care and riding, Stevenage £25. 18 Aug Archery & Abseiling Kings Langley £7.50. 19 Aug Legoland £10pp | | 8 to 17 | | | | | | |
| | Youth & Phoenix Plus | 11 Aug (16+) What's Next info about leaving home and going to Uni Stevenage FREE. 19 Aug Legoland £10pp. 25 Aug Learn Essential First Aid, Stevenage £10 | | 16+ | | | | | | |
| | Happy Camp Activities | Stevenage | FREE for children 8-13 in receipt of FREE school meals. Hot Meal Provided | 8 to 13 | 3 & 17 August | 10am to 2pm | FREE | HAPpy Activity Camps - Herts Sports Partnership (sportinherts.org.uk) | | |
| Hertfordshire Additional Needs HAND | Free to join for parents or carers of a child or young person with an additional need or disability | | | 0 to 25 | | | FREE | https://www.hertfordshire.gov.uk/microsites/local-offer/courses-and-activities-in-hertfordshire/hertfordshire-additional-needs-database.aspx | 01992 556984 | |
| UP ON DOWNS | See website or contact directly for further details. | A range of activities for all age groups; face to face online, craft packs delivered to homes. Monthly Family and friends meetings in Hitchin for parents and children, siblings and supporters. | | | | Every second Saturday in the month | | www.upondowns.co.uk | 01727 420365 | enquiries.nhdowns@yahoo.co.uk |
| NORTH HERTS FOOTBALL FACILITY | JUNIOR ABILITY COUNTS | Hitchin Town Community FC, The Arena, Norton Road, Baldock SG7 5AU | Open to any children 7-16 years old with a disability or special education need who is able to walk | 7 to 16 | NEW DATES COMING SOON | | | www.northhertsarena.co.uk | 01462 720088 | info@htcfc.co.uk |

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| LETCHWORTH GARDEN CITY EAGLES | INCLUSIVE FOOTBALL | Hertfordshire County Ground, Letchworth SG6 2EN | Letchworth Garden City Eagles have teamed up with partners Herts Sports Partnership and Hertfordshire Football Association to deliver weekly sessions for players with any disabilities. The disability sessions will initially run for 12 weeks and are aimed at all differing impairments. The sessions will provide a safe fun learning environment for all players taking part. Run by a qualified coach, all sessions will take place on the Hertfordshire FA state of the art 3G pitch and offer the opportunity to participate in exciting and engaging practices. As well as developing skills within football, the program will also help improve social skills and confidence. The aim of the coaching program is to create an enjoyable and safe environment for everybody to enjoy sport. During the program, we will look to develop sporting skills, as well as social skills and confidence. | 7 to 15 yrs | Wednesdays | 4pm to 5pm | FREE | Junior Ability Counts – Inclusive | 07788 391 609 | jason.valentine@letchworth.com |
| HERTS DISABILITY SPORT FOUNDATION | Find an activity through the website | | | | | | | Find an Activity - Herts Disability (hdsf.co.uk) | | |
| IMAGINATION DANCE | Summer Sensory Workshop | Biggleswade | Explore sights, sounds and textures of all things to do with Summer! | 3+ | 01-Aug | 10am to 10:45am | FREE | imaginationarts.co.uk | 07394 934 911 | info.imaginationarts@yahoo.com |
| | Summer Activity Workshop | Biggleswade | Summer activity workshops for children with suspected or diagnosed additional needs. Dance, drama, arts&crafts and FUN. | 7+ | 01-Aug | 11:15am to 1pm | FREE | | | |
| | Movie Stars Sensory Workshop | Biggleswade | Let's pretend we're stars of the screen as we dive into the worlds of our favourite films | 3+ | 02-Aug | 10am to 10:45am | FREE | | | |
| | Summer Activity Workshop | Biggleswade | For children with suspected or diagnosed additional needs. Dance, arts&crafts, games and FUN. | 7+ | 02-Aug | 11:15am to 1pm | FREE | | | |
| | Summer Activity Workshop | Biggleswade | For children with suspected or diagnosed additional needs. Dance, arts&crafts, games and FUN. | 7+ | 03-Aug | 11:15am to 1pm | FREE | | | |
| | Summer Sensory Workshop | Fairfield Park | SEND Specific Workshops - sensory movement that will explore the sights and sounds of all things to do with summer. | 3+ | 08-Aug | 10am to 10:45am | FREE | | | |
| | Summer Activity Workshop | Fairfield Park | SEND -Specific Workshops - An activity workshop full of dance, drama, arts and crafts, games all to do with summertime. | 7+ | 08-Aug | 11:30am to 1pm | FREE | | | |
| | Summer Sensory Workshop | Pixmore Jnr School, Rusby Mead, Letchworth, SG6 1RS | Participants must be able to participate independently without a parent/carer present. | 4 to 11 | 09-Aug | 10am to 12:30pm | £5, or FREE for HAPpy participants | | | |
| | Summer Activity Workshop | Pixmore Jnr School, Rusby Mead, Letchworth, SG6 1RS | Participants must be able to participate independently without a parent/carer present. | 7 to 18 | 11-Aug | 10am to 12:30pm | £5 or FREE for HAPpy for participants | | | |
| | Summer Activity Workshop | Pixmore Jnr School, Rusby Mead, Letchworth, SG6 1RS | Participants must be able to participate independently without a parent/carer present. | 7 to 18 | 12-Aug | 10am to 12:30pm | £5 or FREE for HAPpy for participants | | | |
| | TERMLY STEVENAGE THEATRE GROUP | Gordon Craig Theatre, Stevenage | Term Time groups are fully inclusive and we welcome everyone, particularly those with a special need or disability. Come and learn skills in drama, make friends, boost confidence and improve well-being in a friendly and relaxed space. These groups run each term (10-12 wks) with a break for half term. We also offer the chance for new participants to attend two sessions for a free taster. | 5 to 12 | | 4:45pm to 6pm | £67 per term | | | |
| | | | | 12 to 18 | | 6:15 to 7:45pm | £72 per term | | | |
| 360 play stevenage - SEN Sessions | SEN Evenings | Unit 6, Six Hills Way, Stevenage Leisure Park, SG1 2UA | A safe, inclusive and secure environment with friendly experienced staff. Booking essential | | First Friday of each month - check website for current information | 6:30pm to 8:30pm | £6 per child, free for adults | https://online1.verpos.net/ConsumerSite/ShowPage?ID=404&PID=9beaa121-b013-417d-9dbf-8ad9d5537c6f&LNG=en#PRP | 01438 365744 | stevenage@360play.co.uk |
| Gravity Tramp SEN Sessions | Gravity Sensory Sessions | Unit 1, Six Hills Way, Stevenage | Lights up, sounds down, 60 minutes for whole park. Open exclusively for members of recognised disabled groups | | Various session see website for details (01/07 at 4:30pm, 06/07 at 1pm plus many more) | | £5 see website for carer discount | https://gravitystevenage.centeredgeonline.com/class/classdetails/5f8b19a-b606-4205-bdd1-157df0b69d0e | 0330 1595815 | enquiries.stevenage@gravity-uk.com |
| FLYERZ HOCKEY | St Albans Flyerz is a disability hockey project which makes hockey available to ALL via inclusive sessions, supported by St Albans Hockey Club | St Albans Hockey Club, East Drive, Oaklands College, Hatfield Road, St Albans, AL4 0JA | Sessions are Free of charge, FUN, relaxed, supportive, open to all abilities from age 5 upwards, Run on Sunday mornings during the club jnr training sessions | 5 and up | Contact provider for further information | | FREE | www.stalbanshc.co.uk | | flyerzsahc@gmail.com |

| PROVIDER | ACTIVITY | WHERE | DETAILS | AGES | DATE | TIME | COST | WEBSITE | PHONE | EMAIL |
|---|----------|-------|---------|------|------|------|------|---------|-------|-------|
| Disclaimer: The information provided here is for general guidance only. Hitchin Partnership CIO aims to provide accurate and up to date information but cannot guarantee at any time that all the information is up to date, accurate or of good quality. We advise that you phone to book a place on many of these activities to avoid disappointment and to check that the details haven't changed. If your child has additional needs, it would also be advisable to discuss their support needs before accessing a club. The information and flyers provided on our website are signposted by the providers, it is not the responsibility of Hitchin Partnership to check Ofsted, DBS, Covid regulations, please ensure you check these details with the provider you are booking with. | | | | | | | | | | |

SIGNPOSTING TO ADDITIONAL SERVICES AND SUPPORT



Resources for Parents

<https://nessieined.com/even-ts/>

[Additional Resources - NESSIE IN ED, CIC](#)

Support for School Anxiety
Free Parent/Carer Workshop

Does your child sometimes feel very anxious about going to school and have periods absent from school because of this? This informal workshop will help you gain an understanding of why this has developed, give you strategies for early intervention, and offer an opportunity to share experiences and ideas.

Online workshop/coffee and chat for parents and carers
Monday 18th July 2022
10am to 11:30am

Booking essential! Please book your place [HERE](#)

Facilitated by the Family Support Workers and NESSIE - Arts therapy and counselling for children and young people.

A second follow-up workshop will be held with NESSIE and Family Support Workers to build a pack of resources and a plan for you and your child.

Save the date for the follow up workshop:
On
Wednesday, 24 August 2022 - 10am to 11:30am online
Or
Wednesday, 24 August 2022 - 1pm to 2:30pm at Letchworth Garden City Post Boxed at Letchworth School and Nursery School.

Commissioned by DSPL

DSPL Doncaster School Partnership Ltd
Advancing learning potential

NESSIE NESSIE IN ED, CIC

Managing Exam Stress

[Managing Exam Stress - YouTube](#)

Ways to Wellbeing

[Primary ways to wellbeing series: https://www.youtube.com/playlist?list=PL5jBv9G9gCspAWY1OQGX-IGYQpcK4dn-A](https://www.youtube.com/playlist?list=PL5jBv9G9gCspAWY1OQGX-IGYQpcK4dn-A)

[Secondary ways to wellbeing: https://www.youtube.com/playlist?list=PL5jBv9G9gCspAWY1OQGX-IGYQpcK4dn-A](https://www.youtube.com/playlist?list=PL5jBv9G9gCspAWY1OQGX-IGYQpcK4dn-A)

[Secondary - building resilience series: https://www.youtube.com/playlist?list=PL5jBv9G9gCspAWY1OQGX-IGYQpcK4dn-A](https://www.youtube.com/playlist?list=PL5jBv9G9gCspAWY1OQGX-IGYQpcK4dn-A)

[Coping with change: https://www.youtube.com/watch?v=j-8E-O5DDNU&list=PL5jBv9G9gCspAWY1OQGX-IGYQpcK4dn-A](https://www.youtube.com/watch?v=j-8E-O5DDNU&list=PL5jBv9G9gCspAWY1OQGX-IGYQpcK4dn-A)

[Coping with change Podcast: https://www.spreaker.com/user/phasehitchin/change-episode-1](https://www.spreaker.com/user/phasehitchin/change-episode-1)

[Parenting podcasts: https://soundcloud.com/user-201698962](https://soundcloud.com/user-201698962)



Hitchin Pantry is based in Hitchin and for a small weekly fee local residents can join up as members and access a whole range of benefits. For details and a membership form www.yourlocalpantry.co.uk or call 07840 205 794



FOODBANK: Emergency Food for people in crisis. Hitchin Partnership is an authorised distributor of Foodbank vouchers - please contact your school for details. Tuesdays and Fridays 10am to 12pm. <https://letchworth.foodbank.org.uk/>



We are **HertsHelp** - a network of community organisations in Hertfordshire working together. We're here to listen and help you find independent support, guidance and information you need to get the most out of life.

Monday - Friday 8am – 8pm Saturday - Sunday 10am - 6pm.

<https://www.hertshelp.net/hertshelp.aspx>

0300 123 4044

info@hertshelp.net



HITCHIN VOLUNTEER ARMY Community Wardrobe: Good quality 'pre-loved' clothes for families needing support. Hitchin Partnership are authorised distributors of vouchers. Community Wardrobe

<https://www.facebook.com/HitchinVolunteerArmy/>

hitchin_vol_army@hotmail.com



HERTS FAMILY CENTRES Oughton Primary & Nursery School, Mattocke Road, Hitchin SG5 2NZ

Timetable of events - see Facebook, also available on www.hitchinpartnership.org

<https://www.hertsfamilycentres.org/contact/find-your-local-family-centre.aspx>

0300 123 7572

hitchin.fcenquiries.org.uk



The Families First portal is a directory of organisations, services and groups in Hertfordshire that can help you with problems you or your family may be facing, before things might get worse. This is known as 'Early Help'. You may not want or need to ask for help from a professional and there's lots of support you can find yourself by looking on the portal.

<https://directory.hertfordshire.gov.uk/kb5/hertfordshire/directory/familiesfirst.page?familiesfirstchannel=0>



SEND 0-25 Hertfordshire The Local Offer lets parents and young people know what special educational needs and disabilities services are available in Hertfordshire, and who can access them.

<https://www.hertfordshire.gov.uk/microsites/Local-Offer/The-Hertfordshire-Local-Offer.aspx>



SERVICES FOR YOUNG PEOPLE Projects & Programmes for young people in North Herts. Various Groups - see website for full details

Supporting You Online Project - emotional wellbeing, low mood anxiety ages 13 to 16 Monday 6pm to 8pm. NH Wellbeing Project Tuesdays 6pm to 8pm ages 11 to 14. Identity LGBT+ Online Project call 01438 843340 for details. Westmill Project Fridays 6:30pm to 8:30pm ages 11 to 14.

www.servicesforyoungpeople.org

0300 123 7538

sfyp@hertfordshire.gov.uk

SIGNPOSTING TO ADDITIONAL SERVICES AND SUPPORT